## TALBOTT RECOVERY

## Mental Health, Substance Use & Co-Occurring Treatment

When you or a loved one struggles with behavioral health issues, including mental health and substance use disorders, Talbott Recovery can help. Based on a comprehensive assessment, every patient's treatment is individualized to address their unique needs.

Commuter and residential care is available, and we are in-network with most major insurances. Treatments that enhance the recovery process can include individual and group therapy, as well as:

- Cognitive behavioral therapy
- Dialectical behavioral therapy
- Non-pharmacological pain management
- Nutrition and wellness
- Relapse prevention
- Substance use education
- Trauma-informed care
- Yoga

## **Our Specialty Programs**

- Co-occurring disorders program
- General psychiatric program
- Intensive outpatient program
- Partial hospitalization program
- Professionals program
- Specialized pilot program



For a confidential, no-cost assessment, call 844-669-3361.

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## Addressing a Wide Range of Mental Health Issues



Our continuum of behavioral health programs is designed to help patients overcome a variety of mental health and substance use issues, including:

- Alcohol and drug dependency with psychiatric issues
- Anxiety and panic attacks
- · Bipolar and manic-depressive disorder
- Depression
- Feelings of helplessness
- Phobias
- Post-traumatic stress disorder



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Physicians are on the medical staff of Talbott Recovery, but, with limited exceptions, are independent practitioners who are not employees or agents of Talbott Recovery. The facility shall not be liable for actions or treatments provided by physicians. Model representations of real patients are shown. For language assistance, disability accommodations and the nondiscrimination notice, visit our website. 240207-0279 2/24